



May 2026

Dear Parents and Carers

Sex and Relationships Education

The government has introduced new relationships and sex education (RSE) and health education guidance that we are required to follow from 1 September 2026.

I have reviewed and updated our school policy to ensure it meets with the Department of Education Requirements. Governors are now reviewing a copy of the policy ahead of ratification at our next Governing Body meeting in July. This policy (in draft form) has been updated to the school's website for your information.

We consider that learning in this area is a vital part of our safeguarding offer; it enables pupils to be informed and ask questions in a safe environment.

We use a scheme of work by Kapow to deliver our PSHE curriculum – which includes Sex and Relationships Education. An overview of the materials can be viewed on our website. There are also some other documents relating to the teaching and learning in PSHE that you may find useful on the website. Please follow the link below.

<https://www.kapowprimary.com/subjects/rse-pshe/curriculum/rse-pshe-parent-information/>

After half term we will be entering a short period of consultation and would like to make you aware that the school's SRE Policy, PSHE / SRE curriculum and progression documents are available on the school's website.

[Penshurst C.E. Primary School PSHE - Penshurst C.E. Primary School \(penshurstschool.org.uk\)](https://penshurstschool.org.uk) You will also find a copy of a template letter we send to parents prior to teaching content where parents have the right to withdraw their child from the learning.

The consultation period will start on Monday 1st June 2026 and end Monday 15th June 2026.

If you would like to make any comments and seek clarification over any of the curriculum content then please contact me by email (headteacher@penshurst.kent.sch.uk) with a subject heading SRE consultation and I will then respond with either supporting information or to arrange a time when any concerns or questions can be discussed.

Yours faithfully,

Sue Elliott
Headteacher / PSHE Curriculum Leader